



Holding a Vision of Restoration

**Protecting Our Elders – As They Have Protected Us
Weaving Restorative Practices Throughout the Continuum of Care
and Advocacy for Our Elders**

OPENING IN A GOOD WAY

"Everyday I wake up and I ask myself, 'Am I going to be brave enough today to challenge this next system?' What I know about bravery in my community is that I am not brave by myself. ... I am part of a community. And I am brave because of them."



MINNESOTA WORLD ELDER ABUSE AWARENESS DAY CONFERENCE

RACE

PURSUIT

NEW VISION

BUILD

VOICES

AUTONOMY

ADVOCACY

STRATEGIES

HONORING

BUILD

SUPPORTING

AGING

INFLUENCE

ALLY

LEARNING

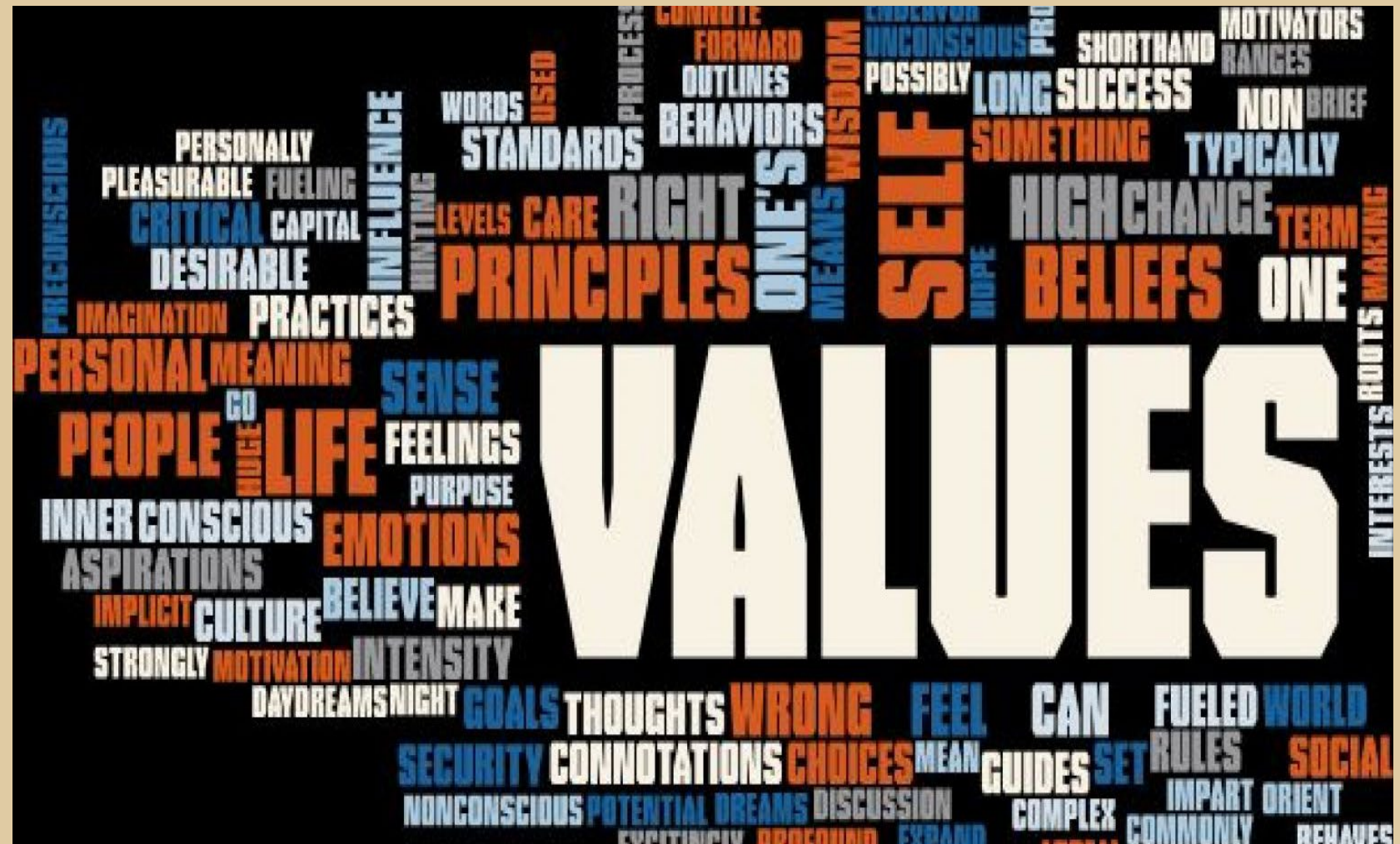
LGBTQ

REFLECTIONS

CONNECTIONS



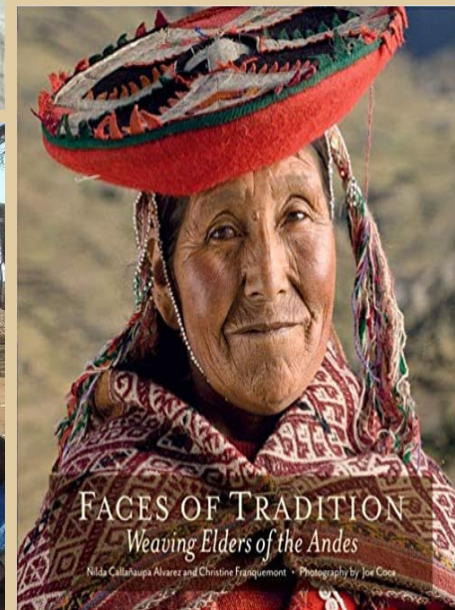
COLLABORATIVE



AGREEMENTS



Restorative & Healing Indigenous Practices



Indigenous Roots of Restorative Practices

Spaces – ancient and modern.

Restorative practices can be traced to ancient Indigenous cultures, recurring in various forms in many different cultures around the world



Restorative Practices Roots



Long before we delegated our conflict to experts, we came together in peacemaking spaces to work through our differences and to make decisions for the common good.

Definition of “Restorative”

“Having the ability to restore health, strength, or a feeling of well-being”



Indigenous Roots of Restorative Practices

The Indigenous Model of Restorative Practices is based on Indigenous holistic philosophy and the “Relational Worldview”. These systems are guided by the unwritten customary laws, traditions, and practices that are learned primarily by example and through the oral teachings of elders, parents, and the extended family.



The “Why” of Restorative Practices

Restorative Practices encourages us to rethink what conflict, consequence, and harm is all about:

- How can we respond to breakdowns and challenges in ways that address underlying root causes?
- Building & Rebuilding Relationships
- We not only want to “make right” what went wrong – but also render future challenges less likely.
- How can we join to make things right among us by addressing the needs of all ?

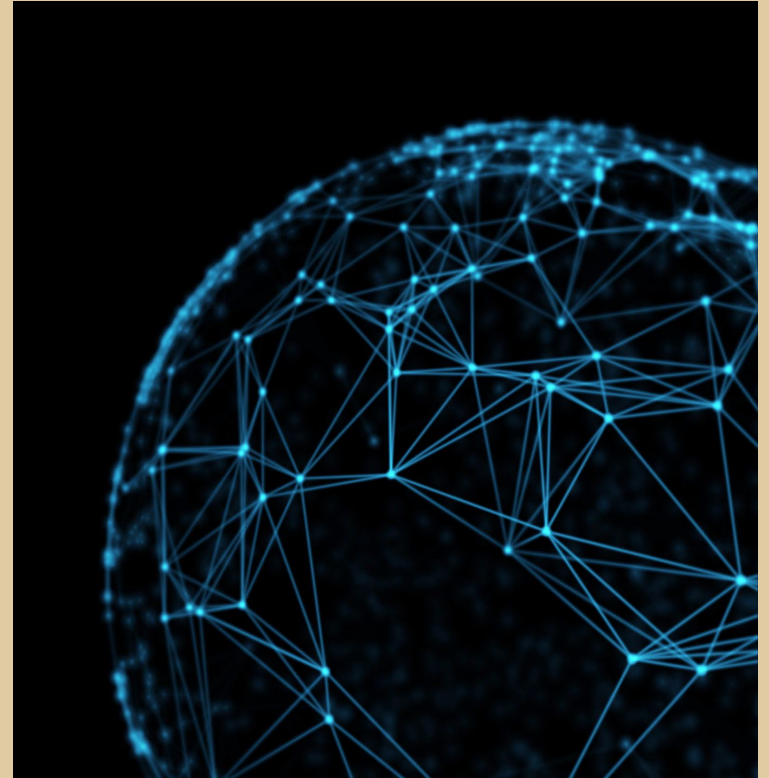


Relational Worldview

“Worldview” is a term used to describe the collective thought process of people or culture.

Thoughts and ideas are organized into concepts.

Concepts are organized into constructs and paradigms.





Relational Worldview

On our globe today, there are two predominant worldviews—linear and relational.

The linear worldview is rooted in European and mainstream American thought. It is very temporal, and it is firmly rooted in the logic that says cause has to come before effect.

In contrast, the relational worldview sees life as harmonious relationships where health is achieved by maintaining balance between the many interrelating factors in one's circle of life.

Relational Worldview



The relational worldview, finds its is intuitive, non-time oriented and fluid.

The balance and harmony in relationships between multiple variables, including spiritual forces, make up the core of the thought system.

Every event is understood in relation to all other events regardless of time, space, or physical existence.

Health exists only when things are in balance or harmony.



Relational Worldview

In the relational worldview, we are taught to understand problems through the balances and imbalances in the person's relational world.

We are taught to see and accept complex (sometimes illogical) inter-relationships that can be influenced by entering the world of the client and affecting the balance contextually, cognitively, emotionally, physically, and/or spiritually.

IT BEGINS WITH US RESTORATIVE MINDSET





Restorative Conversations

Restorative conversations support the creation, care, and repair of relationships in a way that creates an environment focused on support and community building.

Time and Place for restorative conversations

Should always be voluntary for everyone involved

One Conversation at a Time



Restorative conversations can be integrated and normalized into an organization so that volunteers, interns, staff, and board alike can grow their skills and capacity to integrate restorative conversations into professional, client, community relationships.

CREATION
CARE
RESTORE



The Four Rs of Restorative Practices

Respect is the key ingredient that holds the container for all restorative practices.

Relationship is a central tenet in maintaining a healthy organization community in which there is open communication, clear expectations and ongoing growth and learning.

Responsibility: For restorative practices to be effective, personal and collective responsibility must be taken to create, care, and repair relationships.

Restore: Built on the individual capacities and strengths of the person who caused harm.

Many Types of Circles

- Talking Circles
- Relationship Building Circles
- Healing Circles
- Listening Circles
- Learning Circles
- Family Circles
- Peacemaking Circles



CIRCLES



The Circle is giving, it gives voice to those that have not found their voice and teaches those who don't know how to listen the gift of listening

The Circle becomes the community, the community becomes the healer, the therapist, the counselor, and the teacher

The Circle only understands natural law:

Equity, Respect, Compassion, Trust

Integrating Restorative Practices into Elder Justice Organizations



TIME

Environment

Policy/Language

Capacity Building

Shared Leadership

Allocation of Resources

Inclusion of Those Most Impacted

Community

Your Stories



Anchor Provide a Foundation Guide

Create a Place and Space Light a Fire

Remind Us Where We Have Been Open Us Up

Move Us Forward

Provide the Knowing Lift Us Up

Let Go Humble Us

Provide Ease Bring Joy

Cause Pause Reflect Have

Faith

A Change is Going to Come

