

## OTHER RESOURCES

If you suspect that someone is experiencing elder abuse, neglect, or financial exploitation, here are ways to get help:

- If you are someone you know is in crisis or danger, **call 911** immediately.
- Call the toll-free Minnesota Adult Abuse Reporting Center (MAARC) at **1-844-880-1574** to report adult maltreatment.
- If you or a loved one is living in a long-term care facility and have concerns, contact the Ombudsman for Long Term Care at **1-800-657-3591**.



“1 in 10 older adults experience abuse in their lifetime.”

## MINNESOTA ELDER JUSTICE CENTER

### ABOUT US

The Minnesota Elder Justice Center mobilizes communities to prevent and alleviate abuse, neglect and financial exploitation of older and vulnerable adults.

Our statewide organization provides support, information and resources to older and vulnerable victims and their loved ones. Our best practices approach is dedicated to preventing instances of abuse, and aiding victims and their advocates in stopping and eliminating future abuse.

### GET IN TOUCH

 [www.facebook.com/elderjusticemn](http://www.facebook.com/elderjusticemn)

 [@elderjusticemn](https://twitter.com/elderjusticemn)

 [www.elderjusticemn.org](http://www.elderjusticemn.org)

 (651)440-9300

 Minnesota Elder Justice Center  
2610 University Avenue, Suite 530  
St. Paul, MN 55114

## MINNESOTA ELDER JUSTICE CENTER

Getting Help for  
Suspected Abuse, Neglect  
and Financial Exploitation



[www.elderjusticemn.org](http://www.elderjusticemn.org)



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## THERE ARE MANY TYPES OF ELDER ABUSE

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- Physical abuse
- Neglect
- Emotional abuse
- Financial exploitation
- Sexual assault

It is typical for victims to experience multiple kinds of harm, such as being physically and emotionally abused, or being neglected by a caregiver who is also taking the victim's money.

### SIGNS OF POTENTIAL ABUSE

The signs vary but can include:

- The victim tells you he/she is being hit or left alone, threatened or stolen from
- Sudden changes to the victim's legal or financial documents or status
- Missed appointments
- Sleep disturbances
- Agitation, panic, anxiety
- Withdrawn, detached, unable to talk
- Regressive or self-destructive behavior
- Hygiene or medical needs are unmet

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## HELPLINE SERVICES

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Minnesota Elder Justice Center advocates can:

- Give support and empathetic listening for those impacted by elder abuse, neglect and financial exploitation
- Help find needed resources
- Help access legal information
- Help make a plan for what comes next

To access our Helpline services, please call us at **651-440-9300**.

*\* We do not run a 24/7 hotline or a full-service crisis center.*

“2/3 of perpetrators of elder abuse are trusted individuals or family members.”

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## NOW WHAT?

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After reaching out for help, there are often many lingering questions. You or a loved one may be confused about what to do next. **We are committed to assisting members of the public navigate through the complicated issues related to abuse, neglect, and financial exploitation of older and vulnerable adults.**

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## ADDITIONAL SERVICES

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- Professional training
- Community education
- Technical Support to fields working with older or vulnerable adults
- Public policy and systems change
- Legal Service Supports
  - Legal support for victims evicting opportunists from their homes
  - Referrals to legal system providers
  - Limited legal representation for fiduciary restructuring

